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# Israel Eats



## Synopsis

Steven Rothfeld, a world-class photographer, spent several months traveling through Israel to explore the vibrant food scene. The locals guided him from one great restaurant to another, and to growers and producers of fine foods as well. This book is a delicious compilation of stories, recipes, and stunning photographs of Israel's food culture today. From north to south, Tel Aviv to Jerusalem, chefs and food growers have branched out from a vast array of cultural influences and traditions in Israel's history to create fresh, contemporary fusions and flavors.

Rothfeld's friend Nancy Silverton contributes ten dishes inspired by the delicious fusion styles that are taking the Israeli culinary community by storm. Steven Rothfeld is a photographer specializing in luxury imagery. His food photography has recently been featured in *French Comfort Food* and *Le French Oven* (both by Hillary Davis). He divides his time between photography destinations throughout the world and his home in Napa Valley, California.

## Book Information

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## Customer Reviews

"Rothfeld's stunning photos tell part of the story; the choice of subjects, recipes, and personal essays fill the rest. The writing is beautiful, with a refreshing of-the-moment quality." -Rozanne Gold, *The Huffington Post* "This is a book that represents the beautiful and tasty side of Israel and shows the world another aspect of the rich and unique culture of the Israeli society...a cookbook for both Body and Soul." -Reuven Rivlin, President of Israel "More than just recipes and musings on freshly squeezed pomegranate juice, marbled halvah, and dates from the Dead Sea (though we're totally behind all of that), his portraits and essays say as much about a culture,

people and place as they do food. Regional dishes may be the book's bread and butter, but ultimately, Rothfeld works to cast a new light on Israel - one that isn't focused on the damaged and dangerous reputation the country's media portrayal has garnered." -Chelsea Stuart, *Jetsetter*"It's unusual for someone to do the photography for their own cookbook, but Rothfeld's expertise from years spent as a travel and food photographer produced drool-worthy pictures, bringing together the food, landscape and people in this delicious Israeli love letter." -Susan Barocas, *Moment*"A feast for the senses, the cookbook provides readers with recipes for such dishes as challah with olives, anchovies and oregano and favorites from local restaurants like Tzfon Abraxas, which makes a resplendent whole roasted cauliflower with za'atar and mint yogurt sauce." -Emma Pierce, *Indagare Magazine*"Steven's passion for all that is edible and beautiful is infectious and it comes through in his first book. Inspired by the sights and people and produce of Israel, and the cheeses and orchards and cows and history and passion of Israel, Rothfeld presents a slice of life well lived - a heady mix of cultures that share a love of and dedication to unforgettable food." (Stacy Dermont Dan's Papers 2016-03-26)"Israel Eats is a delicious compilation of stories, recipes, and stunning photographs of Israel's food culture. It's a gorgeous coffee table book and one of my new favorite cookbooks." (Julie Levine Florence & Isabelle 2016-05-24)"Israel Eats will inspire cooks to create. It will also encourage everyone to visit Israel to experience a vibrant culture and delicious food firsthand." (Barbara M. Bibel Jewish Book Council 2016-05-20)"In between photographs of the sweeping landscape, portraits, and bright dishes, there is a wide range of recipes (from Fattoush Salad to Zahara to Stuffed Cabbage Cake); alongside Rothfeld's stories of his time spent in Tel Aviv-Jaffa, The North, The South, and Jerusalem. Rothfeld's descriptions of the people, flavors, land, and Israel's rich and jaded past, make Israel Eats a welcome and refreshing take on the travel cookbook. A great addition for any Middle Eastern/Mediterranean food lover and cook." (Hi Class Living 2016-06-10)"Renowned photographer Steven Rothfeld's stunning new book Israel Eats takes you through Israel's rich and troubled past through the land, people, flavors, and food. This half travel guide half culinary tour is both a history lesson and a recipe book. Follow along with Rothfeld through the markets, farms, and restaurants of Tel Aviv-Jaffa, a beautiful city on the Israeli coast, Jerusalem, and more. Thoughtful narrative weaves flawlessly between the beautifully taken photographs and easy to follow recipes - *À*" (Anthony Dias Blue *Blue Lifestyle Minute* 2016-07-21)"Written and photographed by Steven Rothfeld...the book's approach is more cinema-graphic with sweeping landscapes, captivating portraits, and some very cool recipes. Rothfeld's

stunning photos tell part of the story; the choice of subjects, recipes, and personal essays fill the rest. The writing is beautiful, with a refreshing of-the-moment quality. You will feel like you are there, indulging, and making gastronomic sense of everything around you. Abundance in the desert. Passion on the plate. Rothfeld's Israel Eats far exceeds expectations." (Rozanne Gold The Huffington Post 2016-07-19)"Rothfeld's Israel Eats (the culmination of multiple long-term visits) is not your typical cookbook. More than just recipes and musings on freshly squeezed pomegranate juice, marbled halvah, and dates from the Dead Sea (though we're totally behind all of that), his portraits and essays say as much about a culture, people and place as they do food. Regional dishes may be the book's bread and butter, but ultimately, Rothfeld works to cast a new light on Israel -- one that isn't focused on the damaged and dangerous reputation the country's media portrayal has garnered." (Chelsea Stuart Jetsetter 2016-07-29)

"Before this trip, I would never have thought of Israel as a food destination. Now, I'll never think of Israel without thinking about the wonderful cuisine." -Nancy Silverton

i was a bit skeptical to buy a cookbook written by somebody who is primarily a photographer. the writing is a bit 'over the top' sappy [jewish boy discovers his affinity with a country he had avoided for decades] but yes, the photos are just to die for, wonderful mix of places from the entire country, with restaurants featured both arab, israeli and israeli-arab. bottom line -- the recipes are fabulous. i have at least half of them marked to try [knafeh looks straight out of Damascus Gate; tahini cookies; lots and lots of wonderful vegan and vegetarian dishes; but a full assortment of lamb, seafood, etc]. instructions are clear, and recipes run the gamut from super easy to moderately, but not too, complex. yes, the book is a bit reminiscent of ottolenghi's jerusalem, but cuts a much wider swath; i view them as complementary. and being a serious baker, i appreciate nancy silverton's occasional comments & recipes as well. kudos, well done!!

This book is an extraordinary achievement bringing some of Israel's great creative restaurant chefs together in a book that celebrates its modern food scene, creative talent and rich culinary history of the Middle East & Mediterranean region. The author discovered the chefs, photographed their food, wrote the stories that connect the food to the people that created it, had the recipes tested in New York and he art directed the book too! The results are extraordinary. The recipes are easy to follow, not complicated and most of all - delicious. Run to your account and order this immediately. You will be grateful of this treasure that should bring you lots of joy and happiness for you, your friends

and family.

FIVE STARS, EXCELLENT BOOK. Could serve as a great coffee table book as well. Most importantly is the information and recipes for this buyer as travel to Israel, and the spices and such can be overwhelming IF you do not know what you are doing. When traveling to Israel, I take a large rolling suitcase with bubblewrap and tape to bring food products back to the states, and Israel Eats just made life easier for this traveler and cook. Pictures, recipes, and stories are excellent, as if you were to go to Israel, you would connect 100% with this book. Israel Eats deserves nothing less than five stars, and would be an excellent cookbook for gifts. Highly recommend, beautiful pictures, very pleased with this purchase, and would post ten stars if allowed. Sincerely, Deborah

The recipes, the stories, the people, the photographs...all wonderful. I bought two other copies as gifts. Highly recommended.

While I appreciate the pictures in this book, I do not think that they belong in a cook book. When dealing with foreign recipe it helps to see a picture of how the final product needs to look like, and pictures of the dessert and random people just does not help me. While there are some pictures of the food, nevertheless not all recipes are connected to a pictures. This makes it difficult imagining how some dish is supposed to look like. I find this book uninspiring, and I am yet to try a recipe. I would not recommend this book to a novice cook.

beautiful book, i purchased it as a gift for my daughter who is a long-time friend of the author's wife.

A great gift for my daughter in law

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